

# Healthy Lungs



## Healthier You

Lung cancer symptoms often appear late



A cough lasting 3 weeks or more



Breathlessness



Chest pain



Coughing up blood



Unexplained tiredness or weight loss



If you notice any of these symptoms, don't wait.  
Talk to your GP.

The NHS also offers free lung cancer screening for people **aged 55-74 who smoke or used to smoke and feel well.**

Look out for your letter.



A simple check today could protect your lungs for the future.

To learn more, scan the QR code or visit [www.lungchecklondon.org](http://www.lungchecklondon.org)